

What is  
another name  
for  
exhausted?

Show what  
good listening  
looks like

Show with your  
face and body:  
what  
frustration  
looks like

Name a good  
feeling

What  
makes you  
feel sad?

Show what  
being  
excited  
looks like

Take a deep  
breath in and  
then a deep  
breath out

Is it okay to  
make  
mistakes?  
Why?

What is the best thing that has ever happened to you?

Have you ever tried something over and over until you could do it?

Can you name a happy or silly song? How does the song make you feel?

Pretend that you're mad. Do a mad dance and shake it all out!

Name something that you are scared of.

When you are scared, what can you do to feel calm?

Name a rule that you do not like. Can you think of a reason why that rule is important?

When is it hard to share or take turns? What would make it easier?

How do you feel when someone is being bossy?

What makes your mother mad?

What does “use kind hands” mean?

You miss the bus but you get to school on time by car. Is this a problem?

You told a friend a secret and they told everyone. How do you feel?

You invite your friend to your party but they don't come. How do you feel?

How would you feel if you found out that your friend lied to you?

How do you feel in the morning? Is it different to the rest of the day?

How would you feel if someone took something that belonged to you?

How did you feel on the first day at TKS GSS?

If your friend was sad, how would you cheer them up?

What does disappointed mean?  
Have you felt this way?

What do you do when your mother takes your laptop or xbox away?

You thought you did well in a test but found out you had a low grade. How do you feel?

Do you think everyone likes surprises?  
Why?

What do you do when someone tells a funny joke?

If you do not forgive a friend, how will they feel?

If your friend is upsetting you, what should you do?

when someone gives you a compliment, how does it make you feel?

If a friend says they like someone else more than you, how does it make you feel?

How would you feel if someone accused you of something you didn't do?

When you are mad, what does your body do?

How does it feel to have good friends?

What do you do if your friend doesn't want to play the same game as you?

Is it okay if a friend believes in different things to you?

How do you feel if you lose in a game?

If your friend is not doing what you want. Is it a problem? Why?

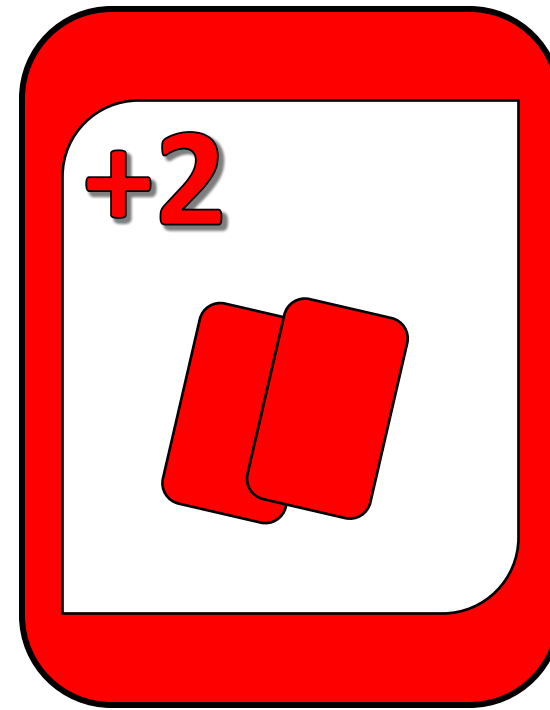
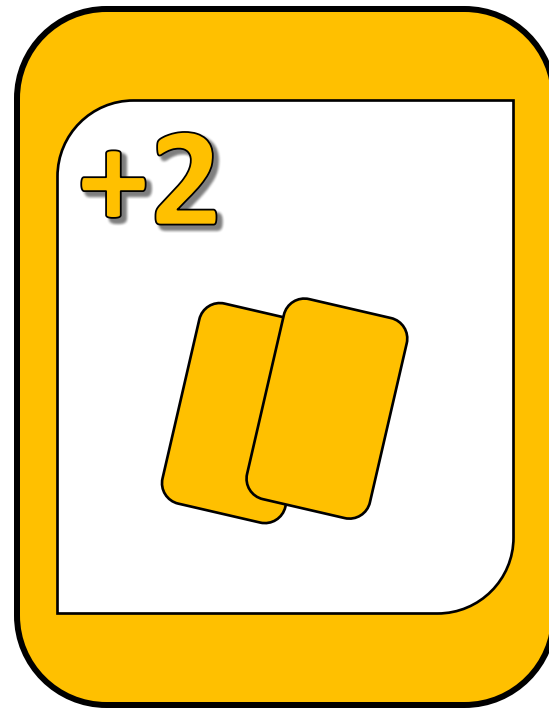
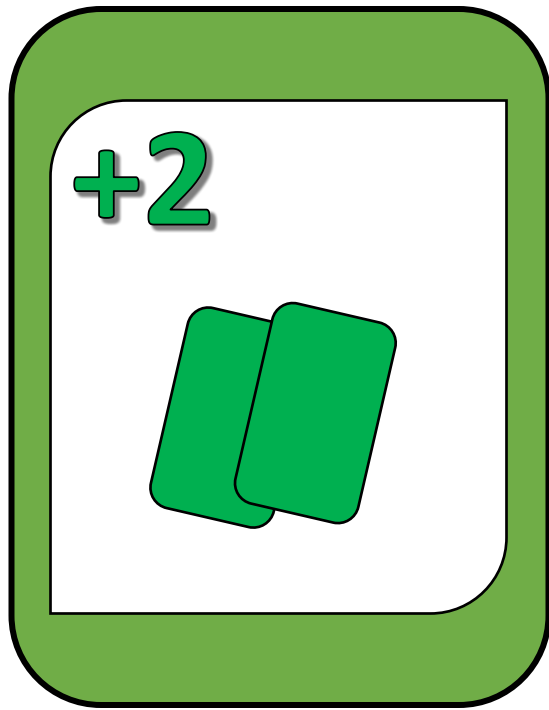
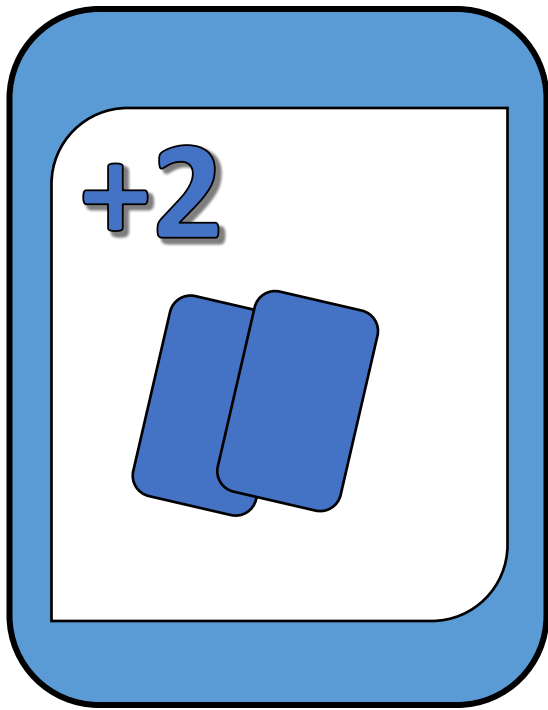
If you want to hurt someone, what can you do to stop yourself?

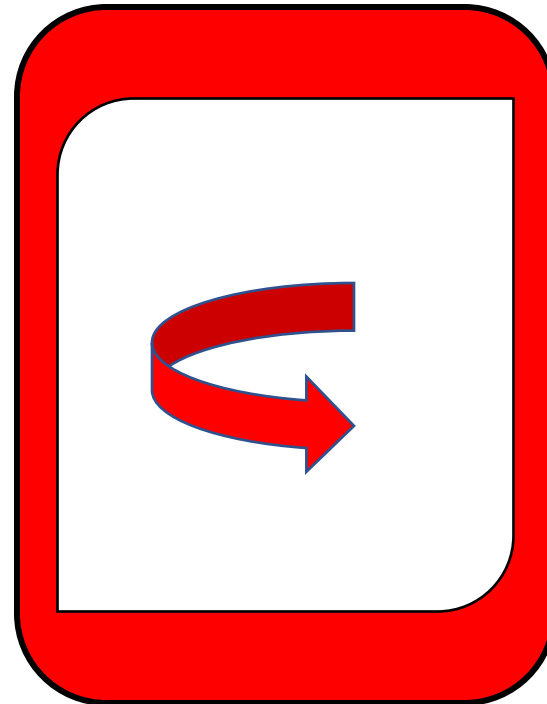
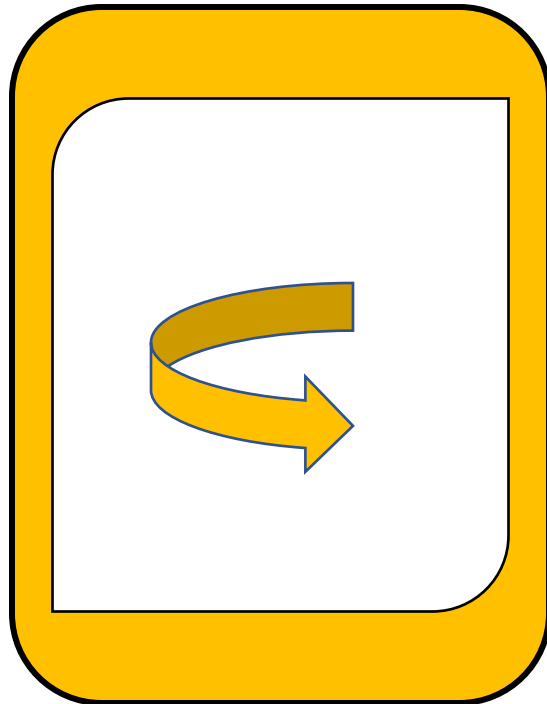
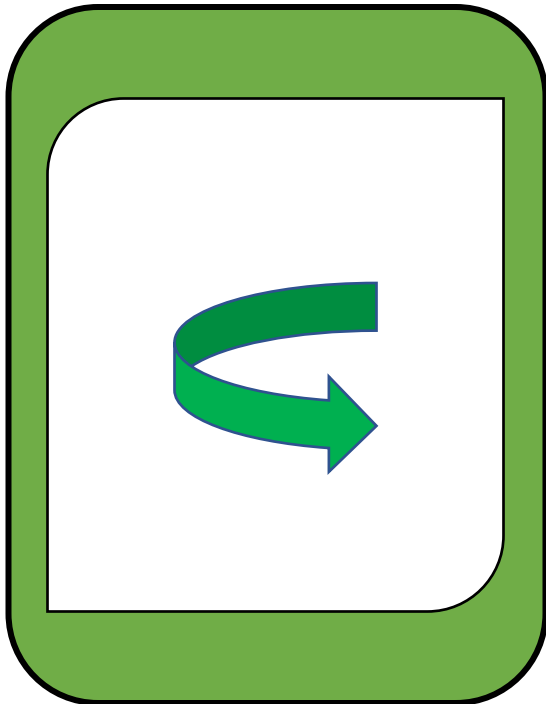
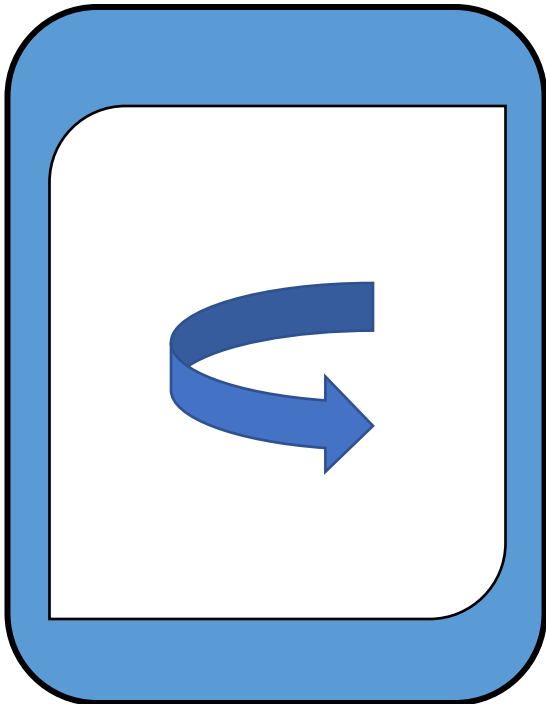
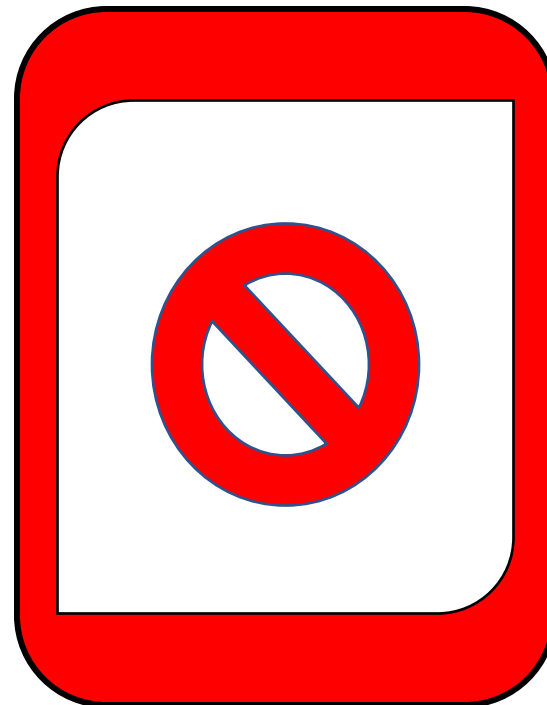
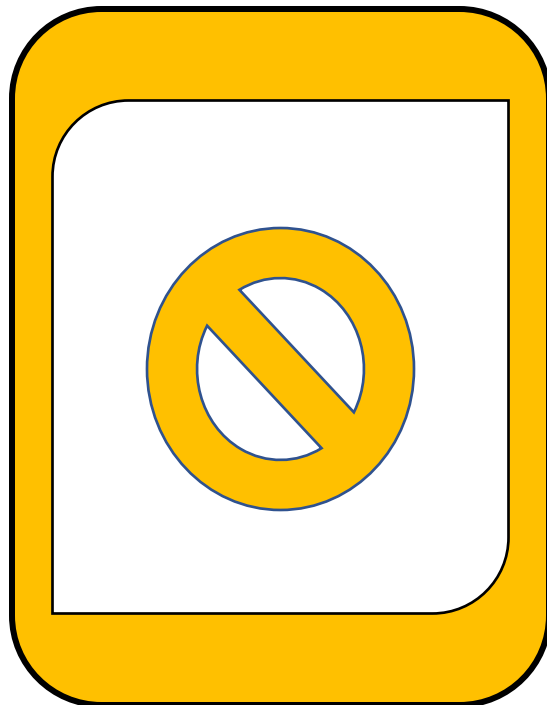
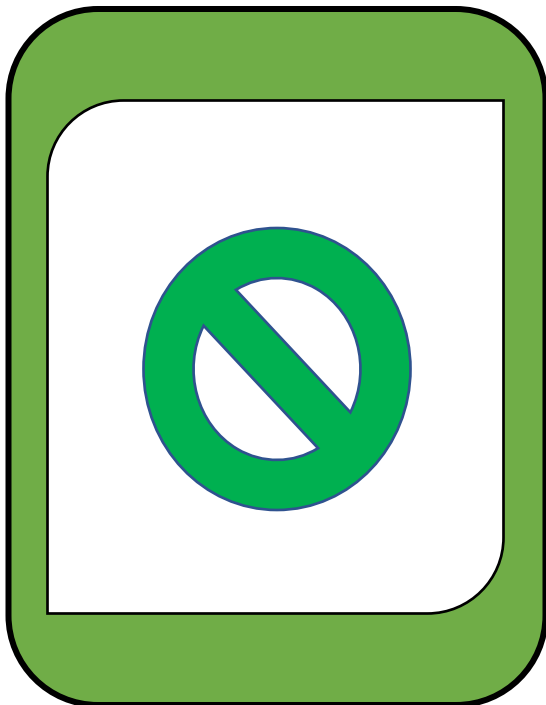
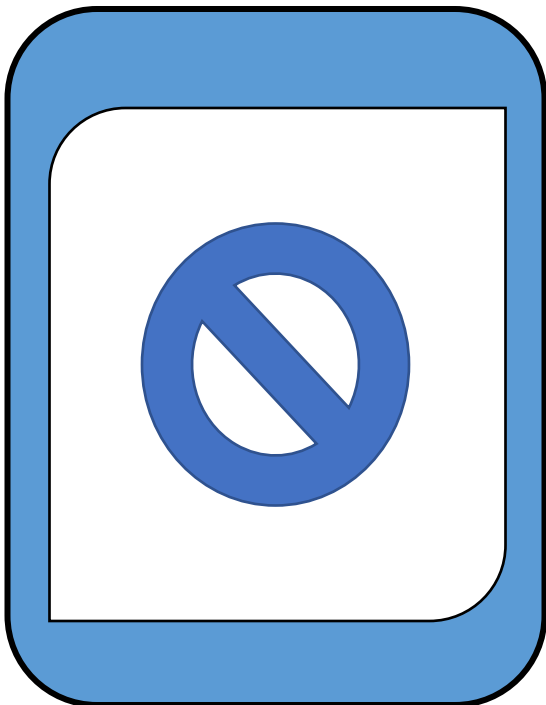
Can you be the leader of the team all the time? How should a team decide who is in charge?

Name something that disgusts you

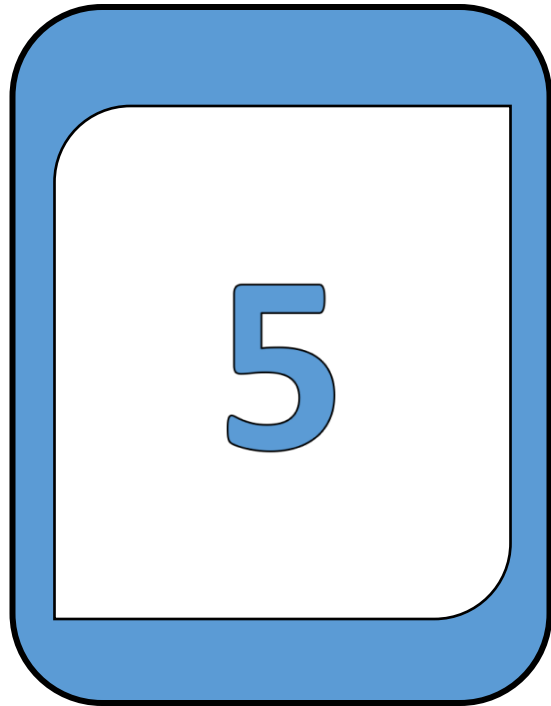
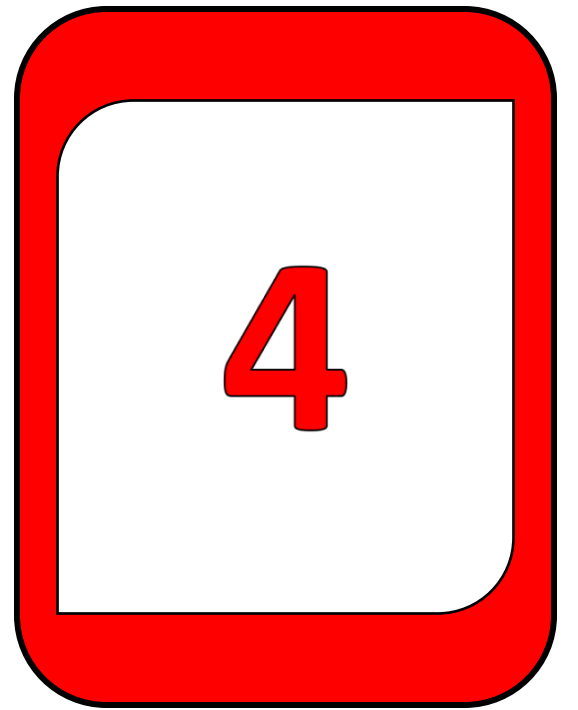
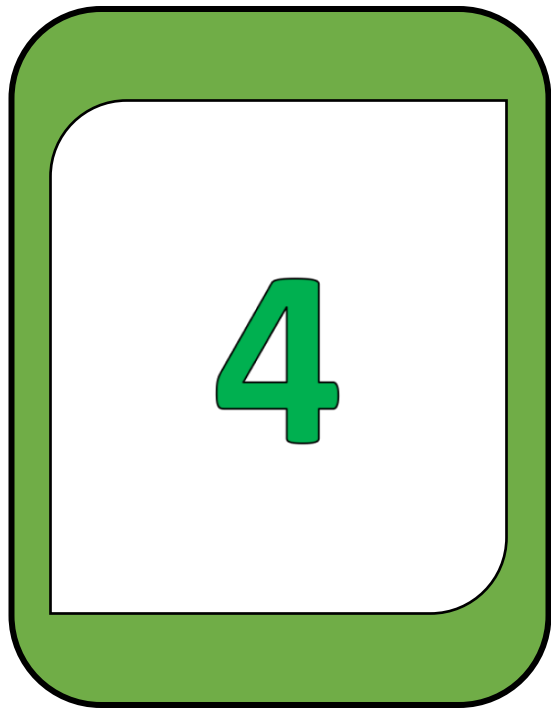
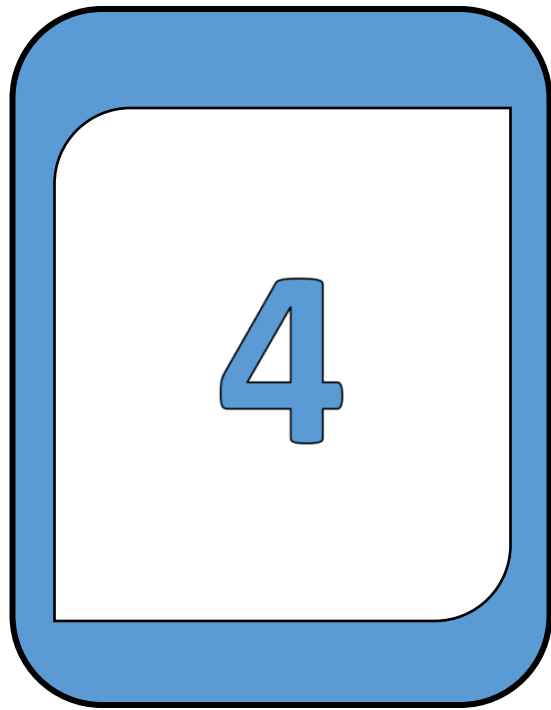
What brings you joy?

When was the last time you were angry? What can you do differently?









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